

# CENTRAL VERMONT FC

## *Spring 2024 Season Info*

**What is Central Vermont FC?** CVFC is the premier soccer club in Central Vermont. We offer a high-quality competitive soccer experience for players and coaches in central Vermont, without the cost and extent of travel required by many established clubs.

**Where do players come from?** Our 260 players hail from 21 towns ranging from Barre to Barnard, Rochester to Chelsea, and everywhere in between.

**What ages?** We'll field 17 separate girls and boys teams for players ages 6 to 19. This season: **u19** (2005-07), **u16** (2008-09), **u14** (2010-11), **u12** (2012-13), **u10** (2014-15), and **u8** (2016-17). Separately, we offer **u6 Mini Moose**, a non-competitive, early-season program for 2018-19 players.

**What does the season include?**

- Indoor Pre-Season Trainings early February (one per week, Saturday or Sunday)
- Indoor Regular Season Trainings (Sat or Sun, starting first weekend in March)
- Outdoor trainings starting early April (typically two per week, in the evening)
- League games early May - mid June (7-8 games, mostly Sundays)
- Tournaments (at least one, in Vermont, mid-late June)

**Where do we train and play?** Indoors at VSU Randolph (aka VTC), and outdoors at the Bethel Rec Fields.

**Who do we play against, and when?** We play in the Vermont Soccer League against teams typically within an hour of Exit 4. Most games are on Sundays.

**What does it cost?** u8--\$220 (includes uniform), u10--\$320, and u12-19--\$400. The fees cover insurance, league registration, equipment, facility rental, tournament entry fees, and coach stipends/travel reimbursement. There's a separate uniform purchase of about \$100. Very generous financial aid is available by request; we are committed to never letting money be a barrier to becoming a Moose!

**Can my player still do baseball/softball/lacrosse/etc?** We encourage it, and will do what we can to avoid schedule conflicts, though some will be unavoidable. We do require that players get to at least one practice per week. Talk to us.

**What's the training like?** We promote a possession-based style of soccer using small-sided games that maximize touches on the ball and promote quick decision making. We coach with a deep appreciation for the role of sport in building outstanding character.

**More Info and Sign Up?** [www.CentralVermontFC.org](http://www.CentralVermontFC.org), Matt Murawski, [Matt@CentralVermontFC.org](mailto:Matt@CentralVermontFC.org), 802-522-3473.

**GO MOOSE!**